

HELLO

& welcome to...

'How to Get the Results You Want'

Hello and welcome to the course, "How to Get the Results You Want!" My hope for you is that when you've completed the course, you'll have some tools you can use to get you closer to your goals, and a better picture of how you want your future to look.

You can go at your own pace and take as long as you'd like. I want you to be comfortable with the process and take the time needed to digest it. Thanks so much for joining! I'll see you inside the course!



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LESSON ONE

Getting Clarity

Welcome!! Thanks for signing up for this five-part mini-course dedicated to helping you get on your path to success! Helping you get the results you want!

But first... you have to know where you are!

Ever walk into a new shopping mall only to be overwhelmed by the number of stores to choose from? For some of us, it's thrilling (especially if it's an outlet mall like Tanger, lol). Usually, right near the entrance, you'll find a map that says "You Are Here".

Once you get a layout of the land, you can compare and figure out where you are to where you want to go.

Whether it is a mall or any other destination in life, it's crucial to know EXACTLY where you are. Today's assignment will help you do just that.

On the next page, you will find Lesson 1 of the 5 part mini-course. Please read the lesson and complete the exercises. To do this correctly, please make sure you have a notebook or journal you can use specifically for this course. This is also a great place to write out Mark 9:23.

LESSON 1 - *Getting Clarity*

They say ignorance is bliss. Wrong... ignorance is NOT bliss. But it will keep you in the dark and prevent you from achieving your truest desires in life. You must figure out where you are today so you can decide where you want to go.

Knowing **exactly** how your life is working right now will do two things:

- 1) Make you **appreciate** what you are doing well and feel successful.
- 2) Force you to be **motivated** by the things you are unsatisfied with.

But in order for these two things to work and in order for you to start taking action, you need to first have **clarity** about where you are right now (today) **in all areas of your life**. But most importantly, you need to be **honest** about where you are.

LESSON 1 - *Getting Clarity*

Your assignment first assignments to write down what you're happy with and what you're unsatisfied with in terms of...

- Your health**
- Your relationships**
- Your finances**
- Your career**
- Your spiritual life/passions**

- 1. For the areas you are happy with, write down why you are happy.**
- 2. For the areas you are unsatisfied with, write down why you are unhappy.**
- 3. You can use the table on the next page, but if you want to go in depth, I suggest you use your notebook or journal. If using your notebook or journal, please use the table on the next page as a reference.**

LESSON 1 - *Getting Clarity*

	What are you happy with?	Why are you happy?	What are you unhappy with?	Why are you unhappy?
Health				
Relationships				
Finances				
Career				
Spiritual Life/ Passion				

LESSON 1 - *Getting Clarity*

Question

Did you have any 'aha' moments while completing this assignment? Did you discover anything about yourself you hadn't realized before? If so, what were they?

Reference Scripture: Psalm 32:8