

LESSON FOUR

Finding Your Inspiration!

Are you seeing a difference yet?

I'm smiling because I know if you've actually followed through and taken action on all 3 assignments in this mini-course up to today, you are already starting to experience a shift.

And once you make this shift, there is no turning back. As each day goes by and you begin to ingrain the lessons you've completed into your daily thinking, you will become more and more passionate about realizing all of your goals and dreams.

This is where you have to be careful though. While it's exciting to dream, imagine, visualize and enjoy the anticipation of a bright future... it is also equally important to make a plan so that it **becomes reality**.

I want to warn you that this is the point in the course where a lot of people fall off. They either don't want to put in the time and effort it takes to complete the assignment, or they get distracted by life. Whichever one it may be, has to be dealt with, or you'll remain stuck just where you are. If you find yourself stuck doing this assignment, I

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may be able to assist you with one of my programs. To inquire about them, visit my website [here](#).

Making a plan to totally upgrade the results in your life is often easier said than done. And there's a good chance you may have tried something like this before and failed. But that's the past, and this is a new day and a new opportunity!

With that being said, in today's lesson, you are going to implement a strategy that will not only help you with planning, but will keep you inspired and motivated when challenges and roadblocks appear.

You'll find today's lesson below. Please complete the assignment. If you have any questions about the assignment, you can shoot me an email [here](#).

Thinking back to day two in this course, you wrote down all of your highest visions of how you wanted your life to look if anything were possible. You acknowledge the reason you want these things is

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because you are unsatisfied with the results, you are currently getting. You are in a great position because you now know...

- a) Where you are, and
- b) Where you **truly** want to be in each area of your life.

But in order to start making actual change in each area, you need to develop a plan.

Now obviously this isn't rocket science. But here's the problem... our plans often **fail**. And if you blindly write a plan to correct problems you've been dealing with or creating for years, you already know what's going to happen (that's right... nothing!)

The assignment I have for you today, will probably be different than what you expected, but after completing it, you'll see how important this step is.

With that being said, your assignment today is to identify who inspires you.

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For each area of life, you want to change; you are going to seek out people whom you can follow, watch, observe, and model (people you know personally or people you admire and look up to). These are people who are already getting the results you want in that particular area of life.

Fill in each of the following with the names of those who inspire you in...

- Your health
- Your relationships
- Your finances
- Your career
- Your spiritual like/passion.

You can use the chart on the next page.

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People Who Inspire You

Health

Relationships

Finances

Career

**Spiritual Life/
Passion**

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To take this assignment a little deeper, you may want to speak with/interview people (you know personally) to pick their brains to get insight on how they got to where they are. And for the people you admire and look up to, do some research on their lives to find out what motivates them, their work ethic, etc.

The final day of the course is tomorrow... see you then! Meditate on **Proverbs 15:22, Proverbs 21:5**