

# How to Get the Results You Want!



## Tap Into Your Power

- Imagine how each area of your life would be if you had *no* limits.
- Daily envision yourself doing *just that!*
- *Remember*, the power to do this lies within you!

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## Find Your Inspiration

- Find people (you know personally or who you admire) who are already excelling in the areas of life you want to change
- For the people you know personally, pick their brains and get insight on how they achieved what they did.
- For the people you admire, research their lives and study their habits, work ethic, etc.

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## Get Clear

- Know *exactly* how your life is working *right* now!
- Know what you're happy with and what you're unsatisfied with about your life.

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## Take Action

- Pick a single action that will drastically propel you forward.
- Challenge yourself to stick to it, by incorporating the help of others.

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## Find Your Momentum

- Choose a small habit you can start doing today.
- Execute it for 3 consecutive days.
- Reflect on how that habit impacted you.
- Rinse and repeat (for each area of your life you want to improve).

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