

LESSON THREE

Time To Take Action!

Welcome to Day 3...you're halfway through! Did you have fun discovering or rediscovering some of your dreams for your life?

On **Day 1**— you figured out exactly where you are in your life. Like most people, you're probably happy with some areas and unsatisfied with others.

Day 2 — was a lot more fun because you got a chance to dream and think about how awesome your life would be at its maximum. (If you didn't experience this, then more than likely you didn't go deep enough into the assignment.) I challenge you to go back and stretch yourself to think **BIGGER**.

Today, it is all about action!

We all know, the longer we sit around thinking about the right moves, the more likely it is we won't take any action at all.

So we are going to nip that in the bud today and get started immediately with taking action that gets you closer to your desired outcome.

LESSON 3 - *Time To Take Action!*

You are going to learn how to tap into your true power and potential. Is it going to be easy? No. Is it going to be comfortable? Probably not?

But will it be rewarding? Absolutely! Remember, this is a challenge, and challenges are meant to challenge us and get us out of our comfort zone.

We all know the power of a deadline right? If you're anything like me (a procrastinator), you know that adrenaline rush you get when you have to get something done and time is running out. In Robert Greene's book "The 50th Law", he talks about what happens when we face extreme deadlines...

"We have all had moments of a harsh deadline where you face real pressure to deliver. What happens is our minds snap to attention. We find the necessary energy because we have to. We pay attention to the details that normally elude us because they might spell the difference between success and failure, life and death. We are surprised at how inventive we become. These moments show us mental power that is generally untapped. If only we could have this every day".

The good news is you **can create** situations where you face a strict deadline and you force yourself to tap into this resourceful side of yourself!

LESSON 3 - *Time To Take Action!*

Your assignment today is to pick a single action that will drastically propel you forward towards one of your major goals from Day 2's assignment. **Make it something you can achieve in 7 days or less.**

Publicly commit to doing it by telling your friends or family your intentions. **Or, you can post it on Facebook or in a group you're a part of, and hold yourself accountable there.**

Make sure you are **locked in** and give yourself **no way** out. This is also a good assignment for you to meditate on **Hebrews 6:11**

Use the template on the next page to help you...

LESSON 3 - *Time To Take Action!*

Circle The Area of Life You Will Attack First:

Health Relationships Finances Career
Spiritual Life/Passion

Write Down A Single Action You Will Commit to:

Specific Due Date: _____

Have You Made Yourself Accountable By Telling Friends/Family, Posting on Social Media, or posting it in a group you're a part of? (circle)

Yes No

LESSON 3 - *Time To Take Action!*

If you're having trouble thinking of an action, here's an example. Say for instance—one of your **major** goals is to own a store or a chain of stores. One small action you can take is to apply for your business license. Or, write out your vision/business plan for your business. It's a small action, **but** it will definitely get you closer to your goal!

If you'd like to, you can take this assignment a step further by doing this for each area of your life listed above.

You're halfway there! You're doing great! Don't forget to come back for your Day 4 assignment! **Meditate on Hebrews 6:11, Ephesians 3:16**